

### TIMETABLE

22-08-12	Time	Event	Progression
	09:00	1 K1 500m M 70+	Heat 1 1st and 2nd + next 5 BT to Final rest out
	09:06	2 K1 500m M 70+	Heat 2 1st and 2nd + next 5 BT to Final rest out
	09:12	3 K1 500m M 65-69	Heat 1 1st and 2nd + next 5 BT to Final rest out
	09:18	4 K1 500m M 65-69	Heat 2 1st and 2nd + next 5 BT to Final rest out
	09:24	5 K1 500m M 60-64	Heat 1 1st and 2nd + next 5 BT to Final rest out
	09:30	6 K1 500m M 60-64	Heat 2 1st and 2nd + next 5 BT to Final rest out
	09:36	7 K1 500m M 55-59	Heat 1 1st and 2nd + next 5 BT to Final rest out
	09:42	8 K1 500m M 55-59	Heat 2 1st and 2nd + next 5 BT to Final rest out
	09:48	9 K1 500m M 50-54	Heat 1 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	09:54	10 K1 500m M 50-54	Heat 2 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	10:00	11 K1 500m M 50-54	Heat 3 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	10:06	12 K1 500m M 45-49	Heat 1 1st and 2nd + next 5 BT to Final rest out
	10:12	13 K1 500m M 45-49	Heat 2 1st and 2nd + next 5 BT to Final rest out
	10:18	14 K1 500m M 40-44	Heat 1 1st and 2nd + next 5 BT to Final rest out
	10:24	15 K1 500m M 40-44	Heat 2 1st and 2nd + next 5 BT to Final rest out
	11:00	16 C2 500m M 45-54	Heat 1 1st and 2nd + next 5 BT to Final rest out
	11:06	17 C2 500m M 45-54	Heat 2 1st and 2nd + next 5 BT to Final rest out
	11:12	18 K2 500m M 55-64	Heat 1 1st and 2nd + next 5 BT to Final rest out
	11:18	19 K2 500m M 55-64	Heat 2 1st and 2nd + next 5 BT to Final rest out
	11:24	20 K2 500m M 45-54	Heat 1 1st and 2nd + next 5 BT to Final rest out
	11:30	21 K2 500m M 45-54	Heat 2 1st and 2nd + next 5 BT to Final rest out
	11:36	22 K2 500m M 35-44	Heat 1 1st and 2nd + next 5 BT to Final rest out
	11:42	23 K2 500m M 35-44	Heat 2 1st and 2nd + next 5 BT to Final rest out
	11:48	24 C1 500m M 65-69	Heat 1 1st and 2nd + next 5 BT to Final rest out
	11:54	25 C1 500m M 65-69	Heat 2 1st and 2nd + next 5 BT to Final rest out
	13:00	26 K4 500m M 35-54	Heat 1 1st and 2nd + next 5 BT to Final rest out
	13:06	27 K4 500m M 35-54	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:00	28 C2 200m M 45-54	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:03	29 C2 200m M 45-54	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:06	30 K1 200m M 70+	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:09	31 K1 200m M 70+	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:12	32 K1 200m M 65-69	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:15	33 K1 200m M 65-69	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:18	34 K1 200m M 60-64	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:21	35 K1 200m M 60-64	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:24	36 K1 200m M 55-59	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:27	37 K1 200m M 55-59	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:30	38 K1 200m M 50-54	Heat 1 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:33	39 K1 200m M 50-54	Heat 2 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:36	40 K1 200m M 50-54	Heat 3 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:39	41 K1 200m M 45-49	Heat 1 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:42	42 K1 200m M 45-49	Heat 2 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:45	43 K1 200m M 45-49	Heat 3 1st and 2nd + next 3 BT to Final A next 9 BT to Final B r
	14:48	44 K1 200m M 40-44	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:51	45 K1 200m M 40-44	Heat 2 1st and 2nd + next 5 BT to Final rest out
	14:54	46 K1 200m M 35-39	Heat 1 1st and 2nd + next 5 BT to Final rest out
	14:57	47 K1 200m M 35-39	Heat 2 1st and 2nd + next 5 BT to Final rest out
	15:00	48 C1 200m M 65-69	Heat 1 1st and 2nd + next 5 BT to Final rest out

<b>15:03</b>	<b>49</b>	<b>C1 200m M 65-69</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out
<b>15:06</b>	<b>50</b>	<b>C1 200m M 60-64</b>	Heat 1	1st and 2nd + next 5 BT to Final rest out
<b>15:09</b>	<b>51</b>	<b>C1 200m M 60-64</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out
<b>15:12</b>	<b>52</b>	<b>C1 200m M 50-54</b>	Heat 1	1st and 2nd + next 5 BT to Final rest out
<b>15:15</b>	<b>53</b>	<b>C1 200m M 50-54</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out
<b>16:00</b>	<b>54</b>	<b>K2 200m M 55-64</b>	Heat 1	1st and 2nd + next 5 BT to Final rest out
<b>16:03</b>	<b>55</b>	<b>K2 200m M 55-64</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out
<b>16:06</b>	<b>56</b>	<b>K2 200m M 45-54</b>	Heat 1	1st and 2nd + next 5 BT to Final rest out
<b>16:09</b>	<b>57</b>	<b>K2 200m M 45-54</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out
<b>16:12</b>	<b>58</b>	<b>K2 200m M 35-44</b>	Heat 1	1st and 2nd + next 5 BT to Final rest out
<b>16:15</b>	<b>59</b>	<b>K2 200m M 35-44</b>	Heat 2	1st and 2nd + next 5 BT to Final rest out