

TIMETABLE

22-08-13	Time	Event	Progression		
	09:30	60 K1 500m M 70+	FINAL	MC:10:03	
	09:36	61 K1 500m M 65-69	FINAL	MC:10:11	
	09:42	62 K1 500m M 60-64	FINAL	MC:10:19	
	09:48	63 K1 500m M 55-59	FINAL	MC:10:27	
	09:54	64 K1 500m M 50-54	FINAL B	MC:10:35	
	10:00	65 K1 500m M 50-54	FINAL A	MC:10:35	
	10:08	66 K1 500m M 45-49	FINAL	MC:10:43	
	10:16	67 K1 500m M 40-44	FINAL	MC:10:51	
	10:24	68 K1 500m M 35-39	FINAL	Direct final	MC:10:59
	10:32	69 K1 500m W 65-69	FINAL	Direct final	MC:11:07
	10:40	70 K1 500m W 60-64	FINAL	Direct final	MC:11:15
	10:48	71 K1 500m W 50-54	FINAL	Direct final	MC:11:23
	10:56	72 K1 500m W 45-49	FINAL	Direct final	MC:11:31
	11:04	73 K1 500m W 40-44	FINAL	Direct final	MC:11:39
	11:12	74 K2 500m M 65+	FINAL	Direct final	MC:11:47
	11:20	75 K2 500m M 55-64	FINAL		MC:11:55
	11:28	76 K2 500m M 45-54	FINAL		MC:12:06
	11:36	77 K2 500m M 35-44	FINAL		MC:12:12
	11:44	78 K2 500m W 55-64	FINAL	Direct final	MC:12:18
	11:52	79 K2 500m W 45-54	FINAL	Direct final	MC:12:24
	12:00	80 NO RACE			MC:12:30
	13:00	81 K4 500m M 55+	FINAL	Direct final	MC:13:21
	13:06	82 NO RACE			MC:13:29
	13:12	83 C1 500m M 70+	FINAL	Direct final	MC:13:37
	13:18	84 C1 500m M 65-69	FINAL		MC:13:45
	13:26	85 K4 500m M 35-54	FINAL		MC:13:53
	13:34	86 C1 500m M 60-64	FINAL	Direct final	MC:14:01
	13:42	87 C1 500m M 55-59	FINAL	Direct final	MC:14:09
	13:50	88 K4 500m W 35+	FINAL	Direct final	MC:14:17
	13:58	89 C1 500m M 50-54	FINAL	Direct final	MC:14:25
	14:06	90 C1 500m M 45-49	FINAL	Direct final	MC:14:33
	14:14	91 C1 500m M 40-44	FINAL	Direct final	MC:14:41
	14:22	92 C1 500m M 35-39	FINAL	Direct final	MC:14:49
	14:30	93 K2 Mix 500m 64+	FINAL	Direct final	MC:14:57
	14:38	94 K2 Mix 500m 55-64	FINAL	Direct final	MC:15:05
	14:46	95 K2 Mix 500m 45-54	FINAL	Direct final	MC:15:13
	14:54	96 K2 Mix 500m 35-44	Heat 1	1st and 2nd + next 5 BT to Final rest out	
	15:00	97 K2 Mix 500m 35-44	Heat 2	1st and 2nd + next 5 BT to Final rest out	
	15:10	98 C2 500m M 65+	FINAL	Direct final	MC:15:40
	15:18	99 C2 500m M 55-64	FINAL	Direct final	MC:15:46
	15:26	100 C2 500m M 45-54	FINAL		MC:15:52
	15:34	101 C2 500m M 35-44	FINAL	Direct final	MC:15:58
	15:42	102 K2 Mix 200m 45-54	Heat 1	1st and 2nd + next 5 BT to Final rest out	
	15:50	103 K2 Mix 200m 45-54	Heat 2	1st and 2nd + next 5 BT to Final rest out	
	16:00	104 K2 Mix 500m 35-44	FINAL		MC:16:12
	16:10	105 K4 Mix 500m 55+	FINAL	Direct final	MC:16:22
	16:16	106 C4 500m M 55+	FINAL	Direct final	MC:16:28
	16:52	107 K4 Mix 500m 35-54	FINAL	Direct final	MC:17:02

