

## TIMETABLE

22-08-14	Time	Event	Progression	
	08:50	109 K2 Mix 200m 35-44	Heat 1	1st and 2nd + next 5 BT to Final rest out
	08:55	110 K2 Mix 200m 35-44	Heat 2	1st and 2nd + next 5 BT to Final rest out
	09:00	111 K1 200m M 70+	FINAL	MC:09:20
	09:03	112 K1 200m M 65-69	FINAL	MC:09:27
	09:06	113 K1 200m M 60-64	FINAL	MC:09:34
	09:09	114 K1 200m M 55-59	FINAL	MC:09:41
	09:12	115 K1 200m M 50-54	FINAL B	MC:09:48
	09:15	116 K1 200m M 50-54	FINAL A	MC:09:48
	09:18	117 K1 200m M 45-49	FINAL B	MC:09:55
	09:25	118 K1 200m M 45-49	FINAL A	MC:09:55
	09:32	119 K1 200m M 40-44	FINAL	MC:10:02
	09:39	120 K1 200m M 35-39	FINAL	MC:10:09
	09:46	121 K1 200m W 65+	FINAL	Direct final MC:10:16
	09:53	122 K1 200m W 60-64	FINAL	Direct final MC:10:23
	10:00	123 K1 200m W 50-54	FINAL	Direct final MC:10:30
	10:07	124 K1 200m W 45-49	FINAL	Direct final MC:10:37
	10:14	125 K1 200m W 40-44	FINAL	Direct final MC:10:44
	10:21	126 C1 200m M 70+	FINAL	Direct final MC:10:51
	10:28	127 C1 200m M 65-69	FINAL	MC:10:58
	10:35	128 C1 200m M 60-64	FINAL	MC:11:05
	10:42	129 C1 200m M 55-59	FINAL	Direct final MC:11:12
	10:49	130 C1 200m M 50-54	FINAL	MC:11:19
	10:56	131 C1 200m M 45-49	FINAL	Direct final MC:11:26
	11:03	132 C1 200m M 40-44	FINAL	Direct final MC:11:33
	11:10	133 C1 200m M 35-39	FINAL	Direct final MC:11:40
	11:17	134 K2 200m M 65+	FINAL	Direct final MC:11:51
	11:24	135 K2 200m M 55-64	FINAL	MC:11:57
	11:31	136 K2 200m M 45-54	FINAL	MC:12:03
	11:38	137 K2 200m M 35-44	FINAL	MC:12:09
	11:45	138 NO RACE		MC:12:15
	12:33	139 K2 200m W 55+	FINAL	Direct final MC:12:51
	12:36	140 K2 200m W 35-54	FINAL	Direct final MC:12:58
	12:42	141 C2 200m M 65+	FINAL	Direct final MC:13:12
	12:49	142 C2 200m M 55-64	FINAL	Direct final MC:13:19
	12:56	143 C2 200m M 45-54	FINAL	MC:13:26
	13:03	144 C2 200m M 35-44	FINAL	Direct final MC:13:33
	13:10	145 NO RACE		MC:13:44
	13:17	146 K2 Mix 200m 65+	FINAL	Direct final MC:13:50
	13:40	147 K2 Mix 200m 55-64	FINAL	Direct final MC:13:56
	13:48	148 K2 Mix 200m 45-54	FINAL	MC:14:02
	13:55	149 K2 Mix 200m 35-44	FINAL	MC:14:08